

ZC 2026: Session: 2: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaïke

Coaches: Derumeaux Andrew HEADCOACH

Coaches: Christiaens Marloes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 15+				Heat:5, starttime: 14:18
Heat: 5/9 Lane : 2 Athlete: DESODT FELIEN				Q-time: 01:31:23
PB (50m pool): 01:31.23 Antwerpen 15/03/2026				PB (25m pool): 01:31.25 SB: 01:31.23 Antwerpen 15/03/2026
	5 0 M	1 0 0 M		
PB	00:43.53	01:31.23		
	00:43.53	00:47.70		
				

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 15+				Heat:5, starttime: 14:35
Heat: 5/15 Lane : 2 Athlete: LEYNAERT ARNE				Q-time: 01:05:10
PB (50m pool): 01:05.10 Antwerpen 13/07/2025				PB (25m pool): 01:06.53 SB: no time
	5 0 M	1 0 0 M		
PB	00:31.48	01:05.10		
	00:31.48	00:33.62		
				

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12					Heat:2, starttime: 14:56
Heat: 2/9 Lane : 5 Athlete: MAEYAERT ARTHUR					Q-time: 03:36:30
PB (50m pool): no time					PB (25m pool): 03:36.30 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 13: 200M MEDLEY MEN 11-12					Heat:4, starttime: 15:05
Heat: 4/9 Lane : 7 Athlete: DECONINCK LUCA					Q-time: 03:26:32
PB (50m pool): no time PB (25m pool): 03:26.32 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12					Heat:9, starttime: 15:24
Heat: 9/9 Lane : 2 Athlete: DECOCK CERIEL					Q-time: 03:03:83
PB (50m pool): no time PB (25m pool): 03:03.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12					Heat:9, starttime: 15:24
Heat: 9/9 Lane : 3 Athlete: VICTOR MILO					Q-time: 03:02:26
PB (50m pool): 03:02.26 Lago Kortrijk Weide 03/05/2026 PB (25m pool): 03:06.57 SB: 03:02.26 Lago Kortrijk Weide 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.81	01:23.88	02:19.99	03:02.26	
	00:37.81	00:46.07	00:56.11	00:42.27	
					

Coach feedback: